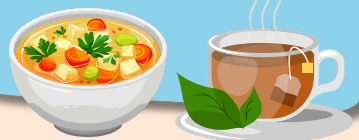
January 2027

JANUARY IS ...

National Soup Month

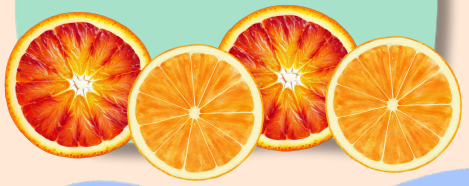
National Hot Tea Month



CITRUS SEASON!

Bright oranges, juicy clementines, and tangy grapefruits are at their freshest and bursting with flavor in winter!

Packed with vitamin C and sunshine-filled taste, they're the perfect way to add a fresh, healthy boost to chilly January days.



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1 Winter Break						1 HAPPY NEW YEAR	2
Week 2 Mixed Fruit Turnip Coins	3	4	5	6	7	8	9
Week 3 Cara Cara Orange Wedges Broccoli Florets	10	11	12	13	14	15	16
Week 4 Granny Smith Apple Slices Sugar Snap Peas	17	18 MLK DAY	19	20	21	22	23
	24 31	25	26	27	28	29	30

FRUITS & VEGGIES MAKE US STRONG!



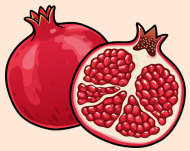
- They give us the energy to play, run, and learn.
- Bananas have potassium, which helps our muscles work properly.
- Oranges and lemons have vitamin C, which helps fight off sickness.

LUCKY FOODS FOR THE NEW YEAR

Legend has it that these fruits & veggies will bring you good luck if eaten on New Year's Day.



Grapes



Pomegranates



Cabbage



Root Vegetables



Black Eyed Peas

FreshEdge PREPARED SOLUTIONS